



Go Beyond Wellness

Orthus Health pinpoints modifiable disease risks, enabling employers to implement the “right” relevant interventions to help employees avoid chronic diseases. Employers lower their healthcare costs and *finally!* measure their financial investments in employee health and wellness.

The **Triple Threat** to disease burden and healthcare costs:

- 1 Know Your Number® Disease Risk Tracking
- 2 Enterprise Analytics
- 3 Wellness & Health Management Services

A robust and flexible solution—ALL-IN-ONE source—reaching far beyond wellness and wellbeing as we know it today!

Integrated and stand-alone products and services:

- **Know Your Number® Disease Risk Tracker:** Replacing traditional HRAs, to precisely target modifiable risk factors to avoid chronic disease and costs

Scientific Proof! Know Your Number developed from Synthesis Analysis, a superior disease-risk prediction model that outperformed the original Framingham Risk Score. An improved way of predicting disease risk, onset, and progression of 6 chronic diseases, both Synthesis Analysis and Know Your Number are patented and owned by Orthus Health.

- **Enterprise Analytics:** Self-service claims platform with population health management and gaps-in-care reports, with prospective and retrospective views
- **Private-label online member wellness portal (with mobile apps):** in English & Spanish - goal setting tool, trackers, health calculators, monthly NL, biometrics scheduling, and more
- **Health management programs:** Short and long-term weight loss, tobacco cessation, prediabetes, prehypertension, cholesterol, stress management, and injury prevention programs
- **Health coaching:** Lifestyle and disease management (outbound, telephonic, mobile chat)
- **Back-office coaching platform** to manage member data, including claims
- **Fitness & Movement:** UtiliFIT® sedentary disruption activities, fitness device integration, and (value-add) team step challenges
- **Private-label employee communications** with monthly coaching webinars
- **Dedicated Account Manager**
- **Exceptional RESELLER program:** Ideal for hospital-to-employer outreach, TPAs, benefit advisors, and EAPs

**Prevent
low-risk employees
from moving up to
avoid claims and costs:**

Prediabetes to diabetes

Overweight to obesity

Prehypertension to hypertension

Low to high-risk LDL

Muscular strength loss
(due to obesity)
leading to
musculoskeletal
disorders