

These release notes contain technology updates to Orthus Health platforms, along with new programs, features, and product enhancements. In this release:

1. **Know Your Number® disease risk tracker new to platform**
2. **My Pathway to Health® member portal updates**
3. **Health Management System (HMS) back-office coaching platform updates**
4. **Admin portal updates**

Know Your Number® (KYN) disease risk tracker

New

- KYN has been added to the My Pathway to Health® (MPTH) member portal, Health Management System (HMS) back-office coaching platform, and ADMIN portal. Clients have the option of using the KYN questionnaire or standard HRA. *Please ask your Account Manager for more information about KYN.*

My Pathway to Health® Member Portal Updates

New

- **KYN outcomes-based disease risk tracker now available on portal** – offering precise risk tracking for 6 chronic “avoidable” diseases, peer group risk, and modifiable risk. **KYN individual reports** (readily available to view/download from the portal) include:
 - Personalized summary report including overall risk score and screening results
 - Complete personalized report
 - Longitudinal data report (score and ranges for each screening result)
 - Personalized Take Action plan and Recommendations

Improvements

- **First5 Weight Loss Health Management Program** – program materials updated in **Health Library** and expanded to include: *(Please contact your Account Manager if interested in First 5 weight loss for your members)*

- Program guide (6-session summary)
- Comprehensive Health Management Program
- Food Log and Hunger Scale
- Meal Planner
- Body Measurement Chart

Healthcare Management System (HMS) Updates

New

- **KYN integrated with HMS back-office coaching platform**
 - KYN risk score reports are available for coaches to review
 - Allows coaches to assist members in completing KYN and labs over the phone

Admin portal Updates

New

- KYN reports available on the Scorecard feature

Please make sure we have your current contact information including name, title, organization, phone, and email so we can keep you abreast of all updates and changes. Email ohsecure@orthushealth.com, visit www.orthushealth.com, or call 800.550.2427.